# Integrated Teaching On

# Glomerulonephritis

Date: 23-05-2023, Time: 9:30 am Venue: Lecture Gallery-2

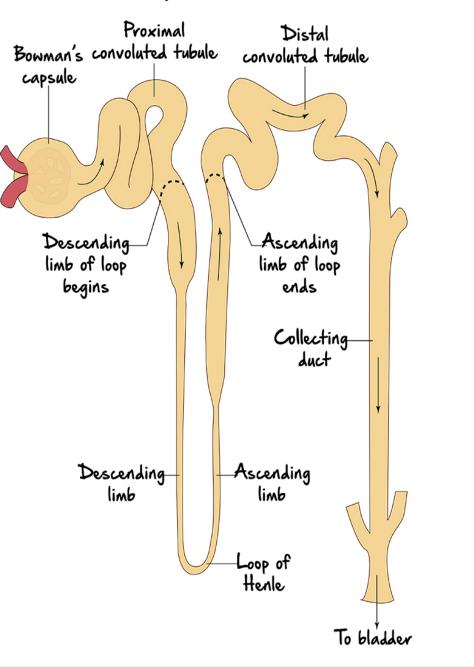
# Glomerulonephritis

# Anatomy

Dr. Somir Kumar Biswas Assistant Professor (Anatomy) Patuakhali Medical College, Patuakhali

## NEPHRONS

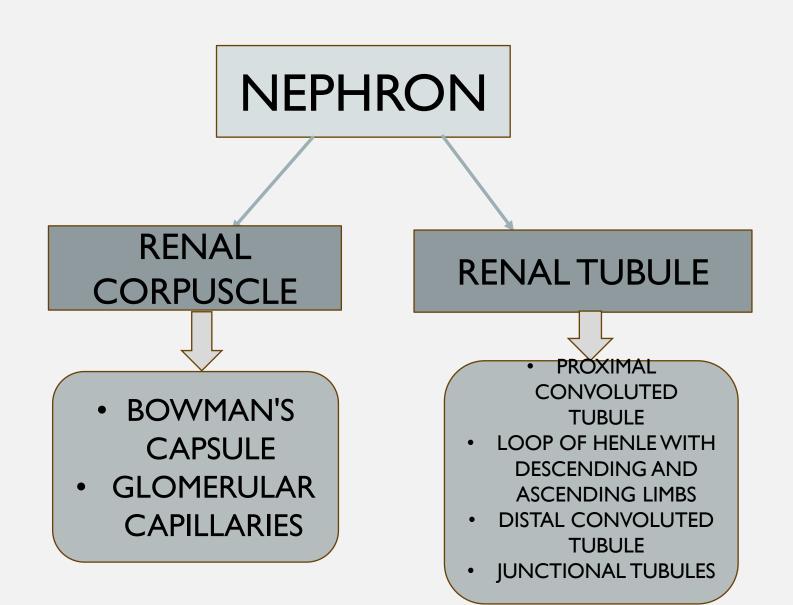
Nephron

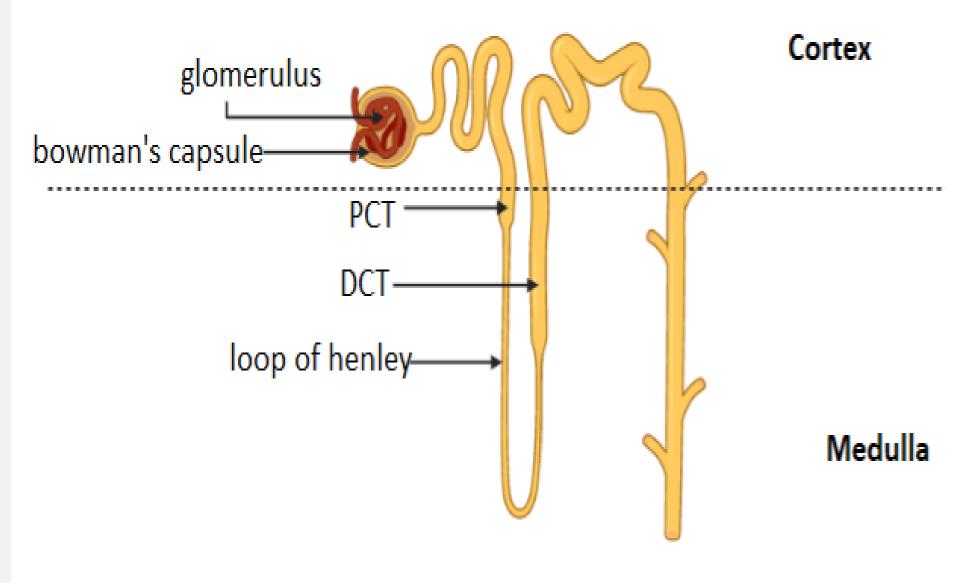


-The nephron is the functional unit of the kidney

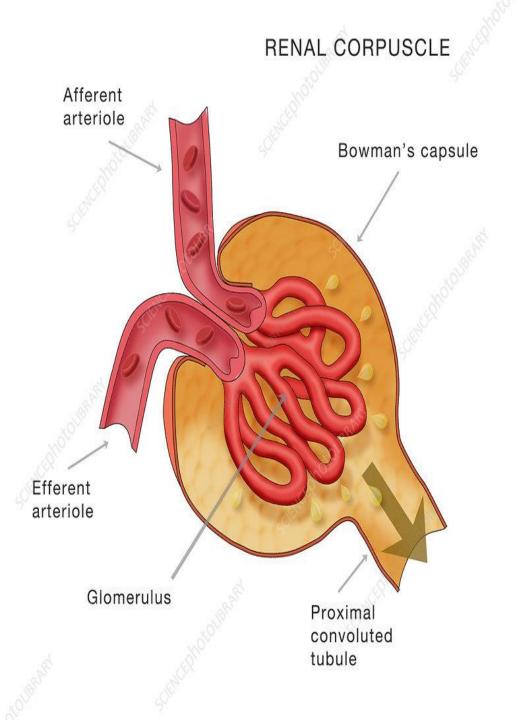
-In adults, each kidney contains approximately one million nephrons

## PARTS OF NEPHRON



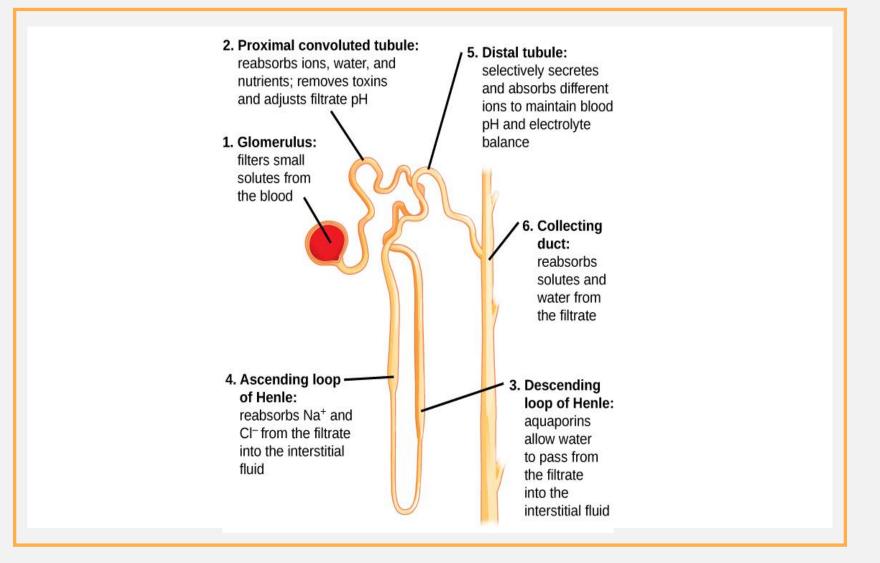


## Nephron



# RENAL CORPUSCLE FUNCTION

The capsule helps the glomerulus to filter blood



# Glomerulonephritis

# Pathology

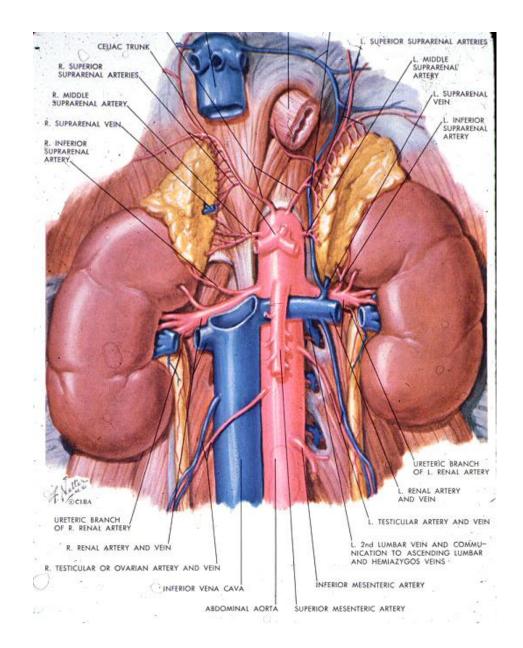
**Prof. Dr. Md. Faizul Bashar** Principal Patuakhali Medical College, Patuakhali

### Objectives

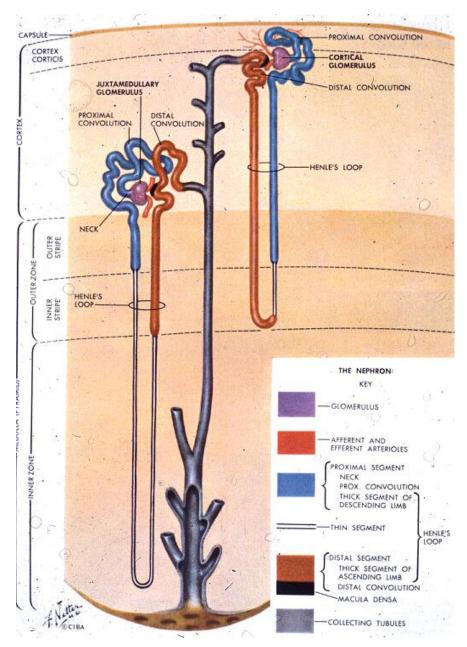
After completion of the class students will be able to

- Introduce the glomerulonephritis.
- Define glomerulonephritis
- Enlist the types of glomerulonephritis
- Explain the Causes of glomerulonephritis
- Explain the Pathophysiology of glomerulonephritis
- Enumerate the Clinical manifestations glomerulonephritis.

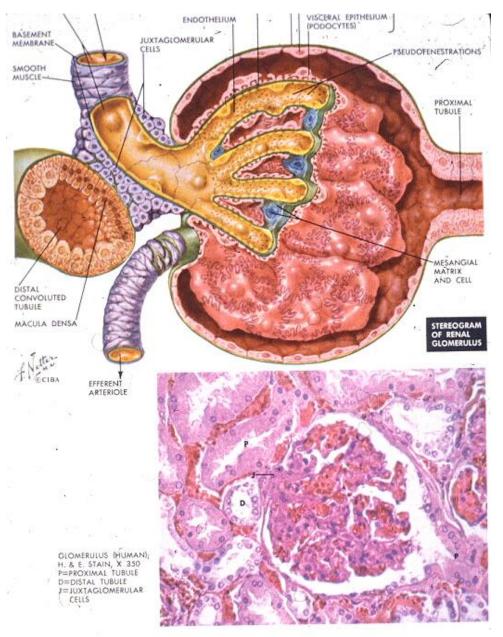
#### **Basic Anatomy**



## **Renal Microanatomy**

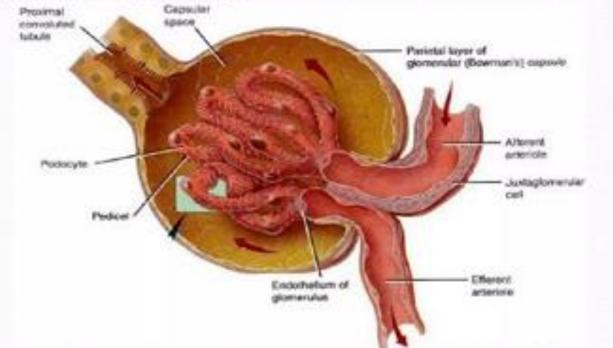


## **Glomerular Microanatomy**

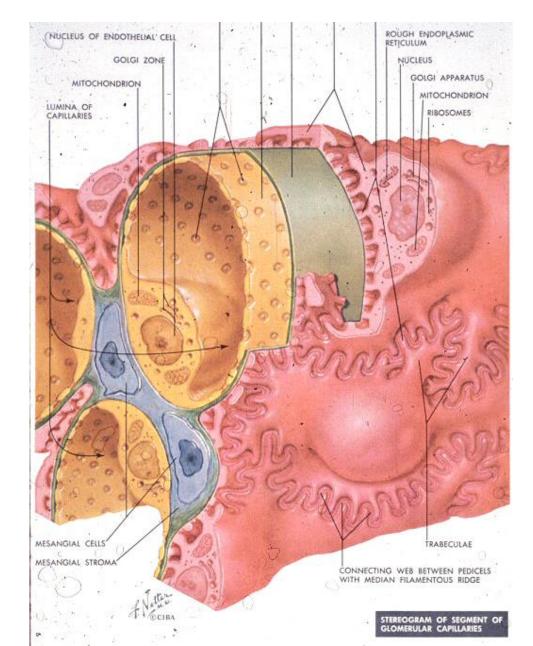


# Glomeruli

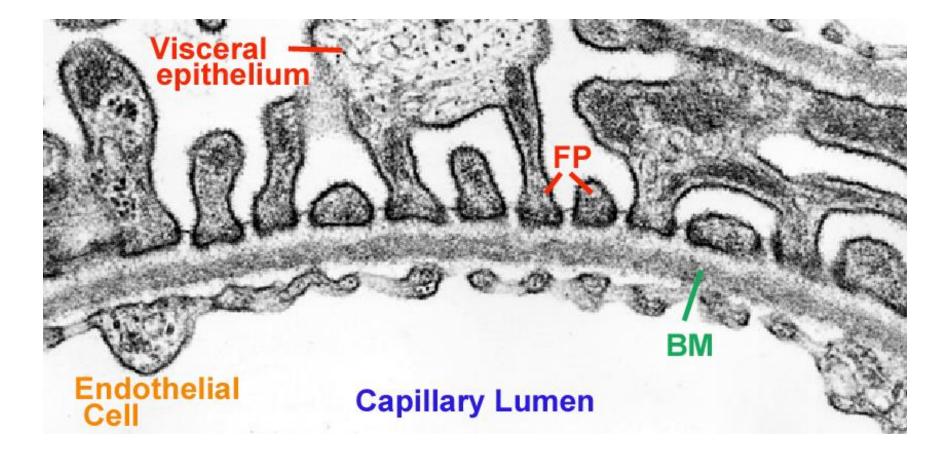
 Glomeruli – The filters of the kidneys which filter the blood and make urine.



## The Business End of the Kidney



### The Details



## **Renal Functions**

- The Kidney does lots of stuff
  - RBC production
    - Erythropoietin
  - Calcium metabolism
    - By means of phosphate elimination.
  - Acid-Base balance.
  - Na<sup>+</sup> and K<sup>+</sup> balance
  - Makes urine

## **Histological zones**

- *diffuse*, involving all glomeruli;
- *focal*, involving only a proportion of the glomeruli;
- segmental, affecting a part of each glomerulus;

#### PRIMARY GLOMERULAR DIASEASES

- Acute proliferative glomerulonephritis
  - Post-infectious
  - Other
- Rapidly progressive (crescentic) glomerulonephritis
- Membranous glomerulopathy
- Minimal-change disease
- Focal segmental glomerulosclerosis
- Membranoproliferative glomerulonephritis
- IgA nephropathy
- Chronic glomerulonephritis

- Systemic lupus erythematosus
- Diabetes mellitus
- Amyloidosis
- Goodpasture syndrome
- Microscopic polyarteritis/polyangiitis
- Wegener granulomatosis
- Henoch-Schönlein purpura
- Bacterial endocarditis

## Common

- Immunological injury
  - <u>Glomerulus</u>
  - Interstitial tissue
- Vascular injury or compromise
  - Diabetes
  - Hypertension
- Infections
  - Upper urinary tract
  - Lower urinary tract

# Nephritic Syndrome

- Inflammation of the glomeruli
- Glomerular diseases presenting with a nephritic syndrome are characterized by inflammation in the glomeruli
- Main features of nephritic syndrome include Hematuria, Proteinuria, Azotemia, Hypertension

# Types of glomerulonephritis

- Acute glomerulonephritis
  - begins suddenly.
     It occurs after 5-21
     days of streptococcal
     Infection.
- Chronic glomerulonephritis

   develops gradually over
   several years. It occurs
   after the acute phase.



# INCIDENCE

- More common in male than females.
- Most common in preschool and early school age children with a peak age of onset of 6-7 years.
- Rare in children under two years of age.
- On average responsible for 2 to 4% of pediatric admissions in India.
- Accounts for about 90% of renal diseases in childhood
- Varies with the prevalence of nephritogenic strains of streptococci and the likelihood of cross – infection.

# Etiology & risk factor

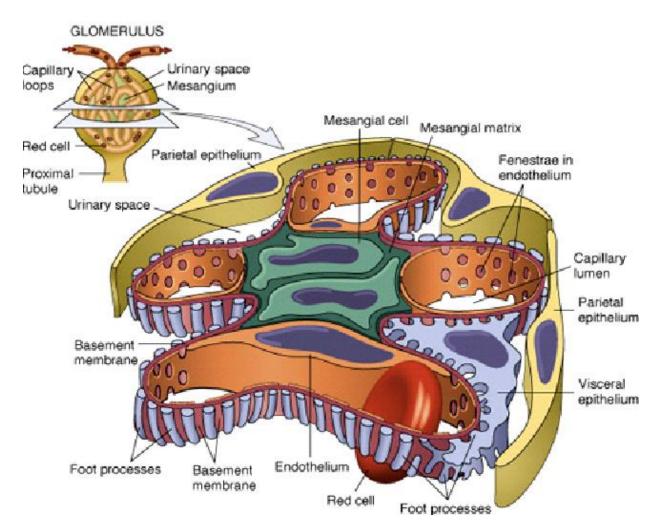
- Streptococcal infection of the throat ( strep throat) or skin ( impetigo)
- Hereditary diseases
- Immune diseases, such as SLE
- diabetes
- High blood pressure



- Vasculitis (inflammation of the blood vessels)
- Viruses (HIV, hepatitis B virus, and hepatitis C virus)
- Endocarditis (infection of the valves of the heart)

#### Pathologic responses of the glomerulus Injury

- 1.HYpercellularity
- Mesangial/End. proliferation
- Leukocyte infiltration
- 2.BM thickening
- 3. Hyalinosis
- 4. Sclerosis



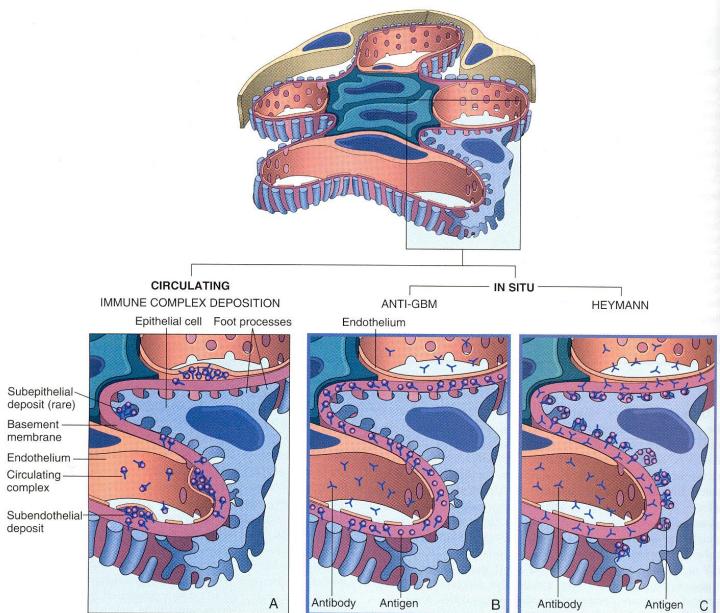
# Antibody associated injury

- Circulating Ab reaches glomerulus & binds with in situ Ag (Ag+Ab-locally formed) \*\*
- Circulating Ag+Ab complex deposited in glomeruli

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Inflammatory reaction
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Increased no. WBC, Endothelial cells, Mesangial cells

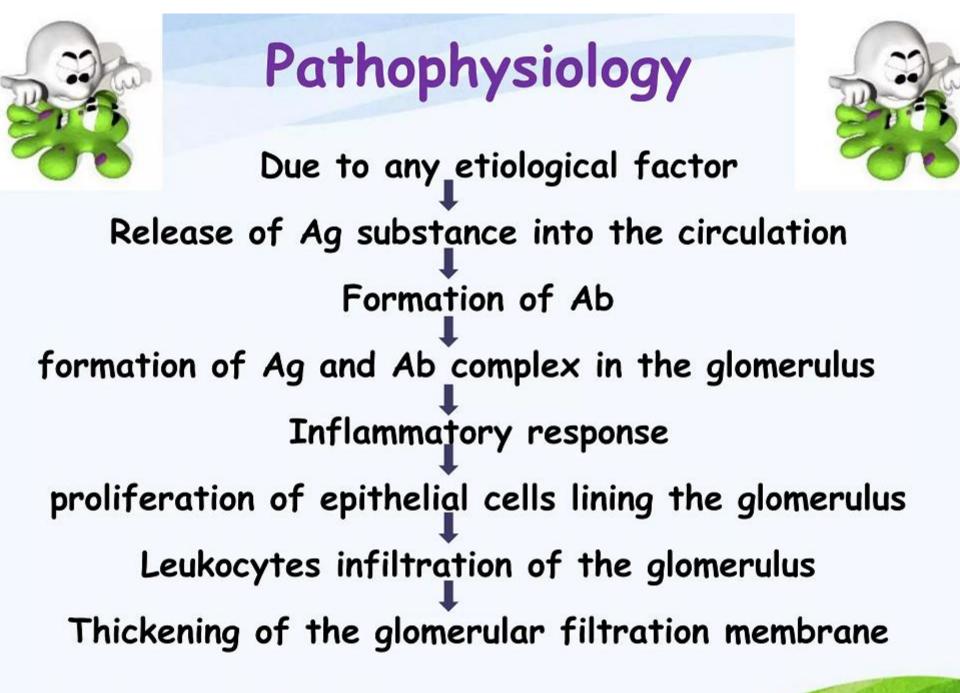
#### Pathogenesis of Glomerular injury Immunologic Injury



## Acute Glomerulonephritis









scarring and loss of glomerular filtration membrane decrease GFR and glomerulus plasma flow Retention of sodium and water Edema and hypertension

# INVESTIGATION

- **History of illness** and physical examination help in clinical diagnosis.
- The confirmation of diagnosis is done by the following: Urine examination:

It shows increased specific gravity, smoke dirty brown colour urine with reduced total amount in 24 hrs. Mild to moderate or severe albuminuria is detected. Microscopic examination reveals presence of red cells, WBCs, pus cells, epithelial cells and granular cast. Proteinuria (3+ to 4+)

#### **Blood examination:**

Blood examination demonstrates increased level of urea, creatine, ESR, ASO titer and anti – DNAase 'B'. There is decreased level of Hb%, serum complement and albumin in blood. Hyponatremia and hyperkalemia may occur in persistent oliguria.

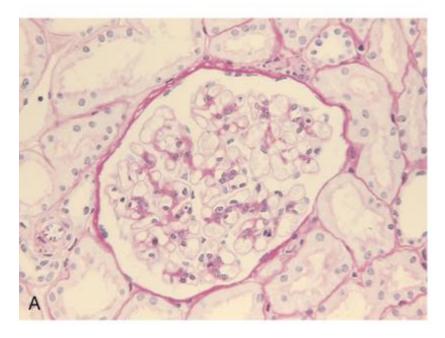
#### Throat swab culture:

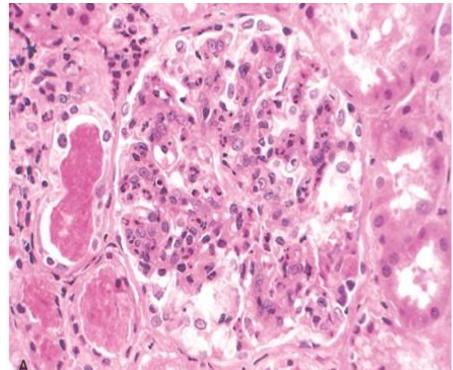
 Throat swab culture may show presence of beta – hemolyticus streptococcus in some children.

#### Chest X-ray:

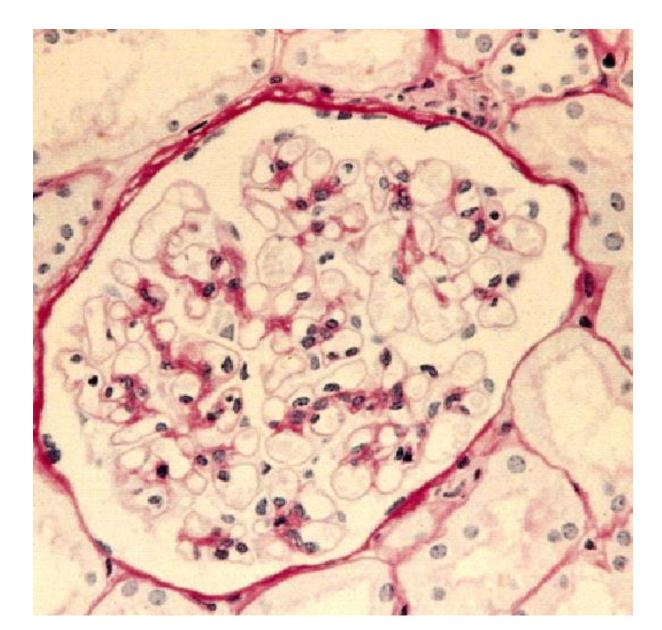
It may show pulmonary congestion

## Normal Gl. Vs AGN



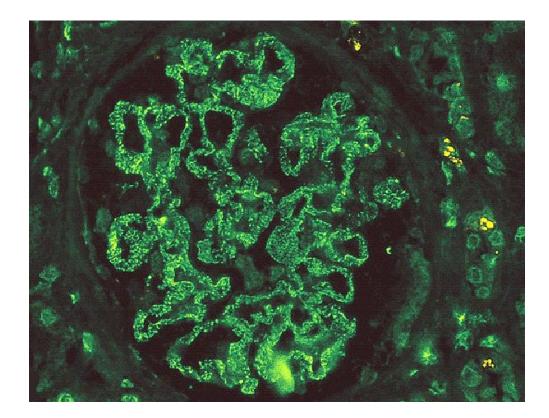


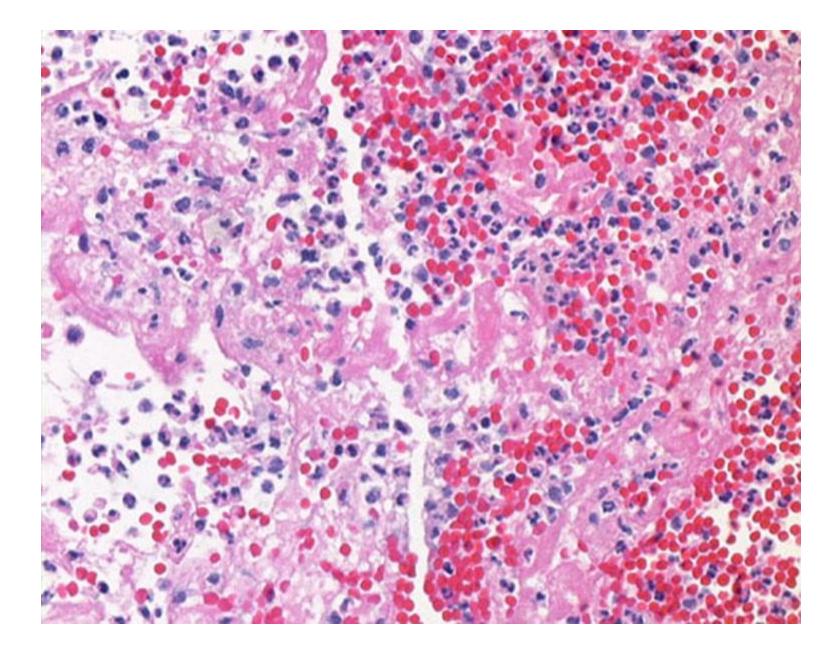
## Minimal Change Glomerulonephritis

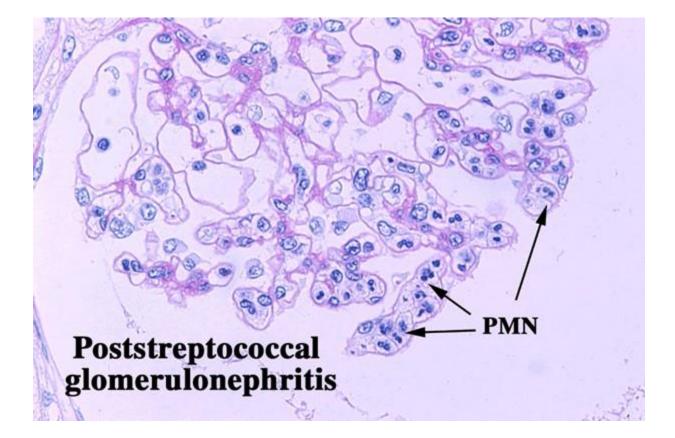


## Acute Glomerulonephritis

- Anti-human IgG labeled with fluorescence.
- Identifies the immune complexes
- Granular pattern
  - Irregular clumps
  - Fix C'
  - Membrane damage

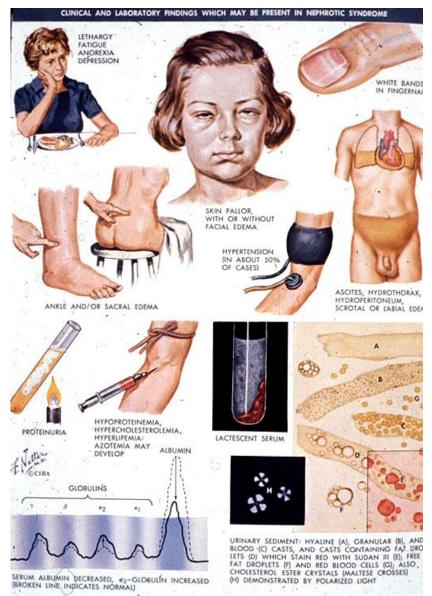






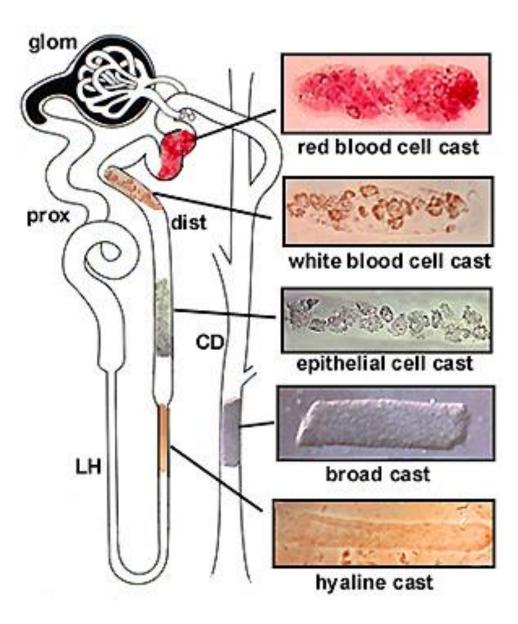
### Nephrotic Syndrome

- <u>Chronic</u> injury of the glomerulus.
  - Many causes
- Basic clinical pattern
  - Proteinuria (>3.5 gm)
  - High serum lipids
  - Lipiduria
  - Low serum albumen
  - Edema



### **Urinary Casts**

- Material cleared or shed by a sick glomerulus.
- Congeals within the
  - Convoluted tubules or
  - Collecting ducts
- Creates a 'cast' of the interior of the duct it formed in.
- Is Cleared in urine.
- Observed microscopically



## Glomerulonephritis

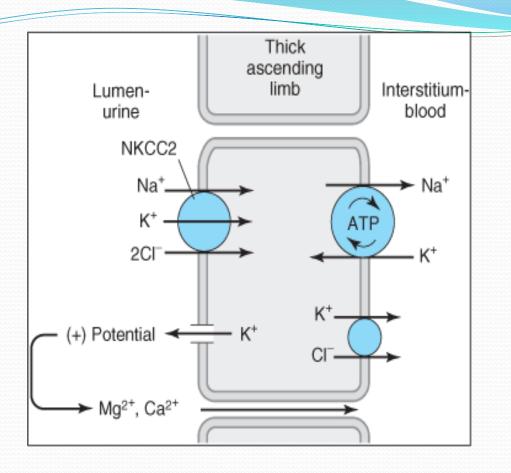
# Pharmacology

#### Nilima Rani Debnath

Associate Professor (Pharmacology) Patuakhali Medical College, Patuakhali

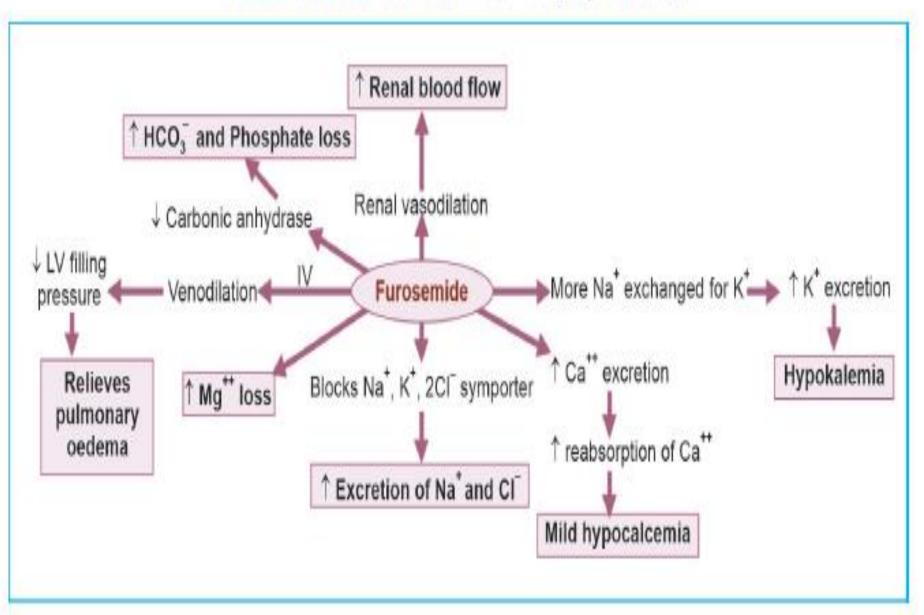
#### **Diuretics**

Loop diuretics Aldosterone antagonist



**Figure:** Ion transport pathways across the luminal and basolateral membranes of the thick ascending limb cell. The lumen positive electrical potential created by K + back diffusion drives divalent (and monovalent) cation reabsorption via the paracellular pathway. NKCC2 is the primary transporter in the luminal membrane.

#### Flowchart 22.1: Actions of frusemide (loop diuretics)



### A/E of loop diuretics:

- > Hypovolemia
  - ,hyponatraemia,dehydration,hypotension
- Hypokalemia
- Metabolic alkalosis ( due to excess H<sup>+</sup> loss)
- Hyperuricaemia (hypovolemia-associate enhancement of uric acid reabsorption in the PCT).
- Hypomagnesemia
- Hypersensitivity

Adverse effect of Aldosterone antagonist

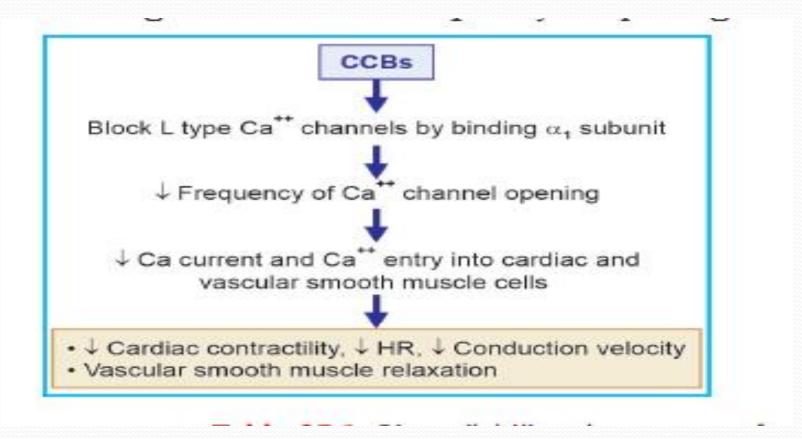
- Hyperkalemia
- Hyperchloremic metabolic acidosis
- Endocrine abnormalities(estrogenic effect)-

- Glomerular disease is often associated with hypertension.
- Control of hypertension is very important because of its close relationship with further decline in renal function and exacerbated cardiovascular risk.

#### **Calcium channel blockers**

Nifedipine

Works by blocking the voltage dependent L-type calcium channels, thereby inhibiting the initial influx of calcium.



### Adverse effects:

- Throbbing Headache
- Tachycardia, Palpitation
- Ankle oedema

### Angiotensin-converting enzyme inhibitors

- Captopril
- Lisinopril
- Perindopril

### **Angiotensin receptor blockers**

- Losartan
- Irbesartan
- Valsartan

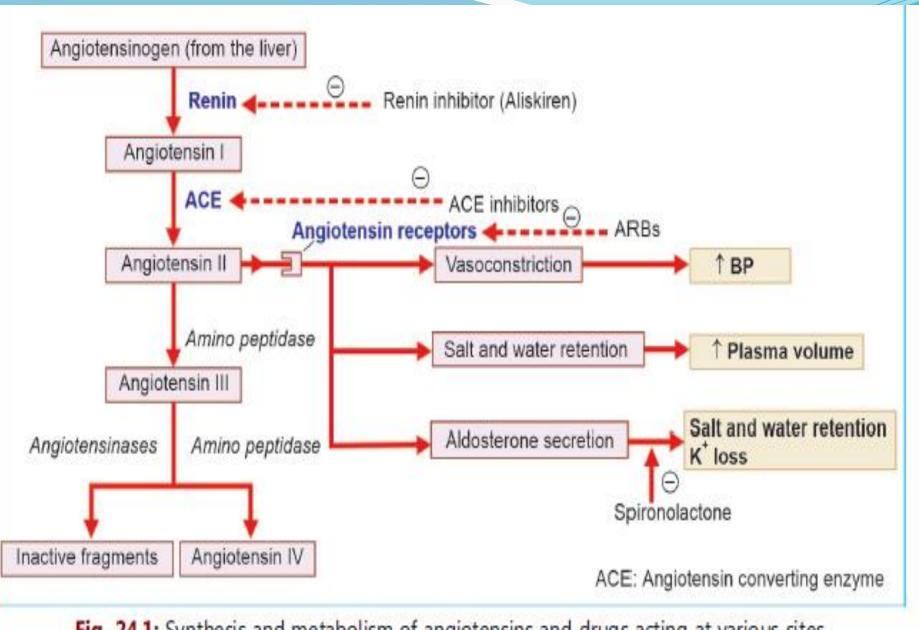


Fig. 24.1: Synthesis and metabolism of angiotensins and drugs acting at various sites

#### Side-effects of of ACE Inhibitors

#### Hypotension

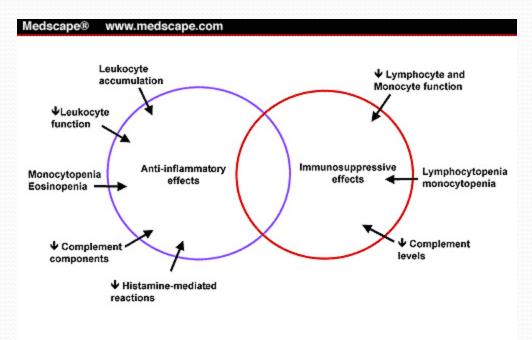
(1<sup>st</sup> dose can cause hypotension specially who is also taking diuretics)

Persistent dry cough . (No significant dry cough in ACE receptor blocker)

 Angioedema...rapid swelling (edema) of the skin, mucosa and submucosal tissues.... another cause of this edema allergy.

#### Anti-inflamatory and Immunosuppressive agent

Corticosteroids- prednisolone is used to suppress inflammation, allergy and immune responses.



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Figure 2. Anti-Inflammatory and immunosuppressive effects of corticosteroids.

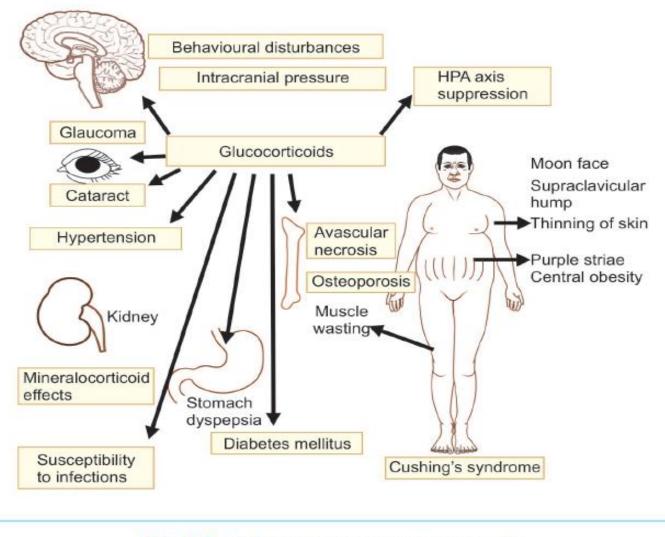
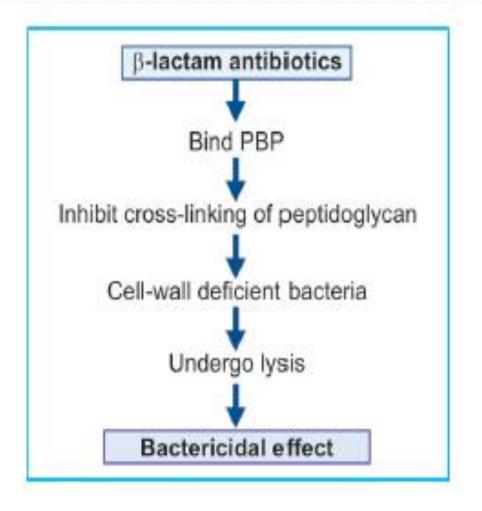


Fig. 38.5: Adverse effects of glucocorticoids

- Benzylpenicillin /penicillinG
- Phenoxymathylpenicillin /penicillinV

- Benzylpenicillin /penicillinG-Acid labile-can't be given orally always given parentally. Long duration of action.
- Phenoxymethyl penicillin(Penicillin V)- is acid stable and can be given orally. Short duration of action.
- Narrow spectrum penicillin.
- bactericidal and act on actively multiplying bacteria.
- Bactericidal activity of penicillin is more against Gram positive
- They are highly safe with a high therapeutic index,



#### Adverse effect

 The main hazard is allergic reaction- skin rashes, urticaria, pruritus, fever, bronchospasm, serum sickness and rarely, exfoliative dermatitis and anaphylaxis.

# Glomerulonephritis

# Medicine

#### Dr. Md. Moshiour Rahman

Associate Professor (Medicine) Patuakhali Medical College, Patuakhali

#### **GLOMERULONEPHRITIS**

- While glomerulonephritis literally means 'inflammation of glomeruli', the term is often used more broadly to describe all types of glomerular disease,even though some of these (e.g. minimal change nephropathy) are not associated with inflammation.
- There are many causes of glomerular damage, including immunological injury, inherited diseases such as Alport syndrome, metabolic diseases such as diabetes mellitus and deposition of abnormal proteins such as amyloid in the glomeruli.
- Most types of glomerulonephritis are immunologically mediated and several respond to immunosuppressive drugs. Deposition of antibody occurs in many types of glomerulonephritis and testing for circulating or glomerulardeposition of antibodies may aid diagnosis.
- In small-vessel vasculitis, no glomerular antibody deposition is observed (pauci-immune), but the antibodies may be indirectly pathogenic by activating neutrophils to promote endothelial injury.
- Glomerulonephritis is generally classified in terms of the histopathological appearances,

### Mechanism

#### **Nephritic Mechanism**

- Inflammation
- Reactive cell proliferation
- Breaks in GBM
- Crescent formation

### **Clinical features**

- Haematuria (red or brown urine)
- Oedema and generalised fluid retention
- Hypertension
- Oliguria
- Reduced renal function

#### Nephrotic Mechanism

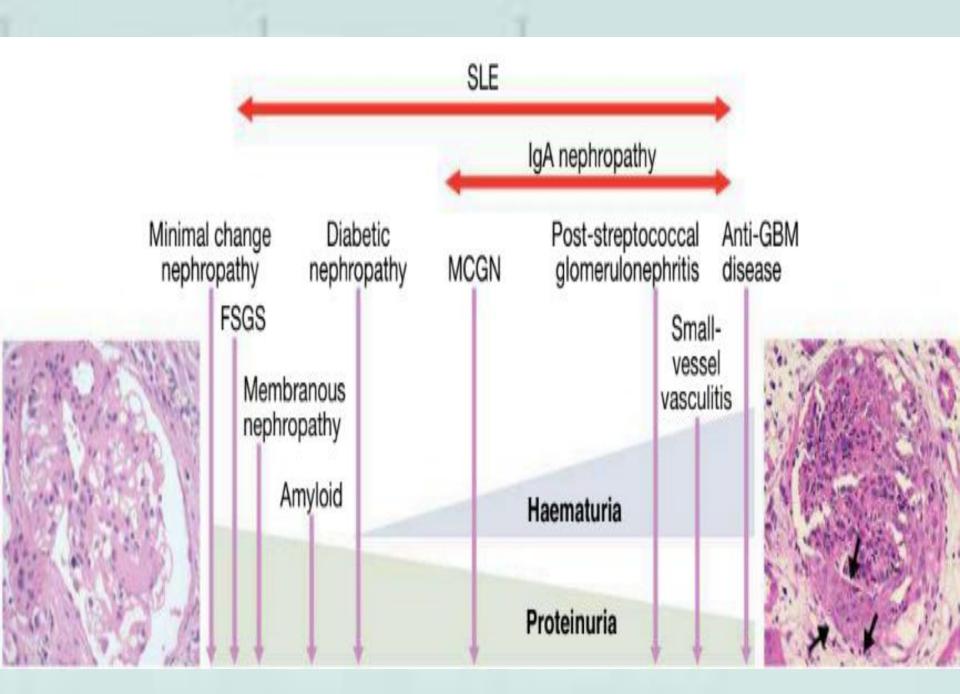
- Injury to podocytes
- Changed architecture Scarring Deposition of matrix or other elements

### **Clinical features**

• Overt proteinuria: usually > 3.5 g/24 hrs

(urine may be frothy)

- Hypoalbuminaemia < 30 g/L
- Oedema and generalised fluid retention
- Possible intravascular volume depletion with hypotension, or intravascular expansion with hypertension



#### **INVESTIGATION OF NEPHRITIC SYNDROME**

#### <u>Cause</u>

#### **Investigations**

**Rapidly progressive glomerulonephritis (RPGN)** 

- Post-infectious glomerulonephritis
- Anti-GBM disease
- Small-vessel vasculitis
- Lupus nephritis

ASOT, C3, C4 Anti-GBM antibody p-ANCA, c-ANCA ANA, dsDNA, C3, C4

#### Mild glomerulonephritic presentation

- IgA nephropathy
- Mesangioproliferative
   glomerulonephritis
- Alport syndrome\*

Serum IgA (polyclonal rise in 50% of patients) C3, C4, hepatitis B, C + HIV serology, ANA, dsDNA, immunoglobulins, PPE Genetic screening, hearing test

#### **INVESTIGATION OF NEPHROTIC SYNDROME**

Cause	Typical age group	Investigations
Minimal change disease	Children, young adults, occasionally seen in older	None specific
Primary focal segmental glomerulosclerosis	patients Young adults	None specific
Membranous nephropathy	Middle-aged to older patients	Anti-phospholipase A2 receptor antibody (primary disease) Hepatitis B, C + HIV serology, ANA, dsDNA
Amyloid	Older patients	Immunoglobulins, PPE, Bence Jones protein, serum free light chains
<b>Diabetic nephropathy</b>	Any age, but rarely <10 years from diagnosis of type 1 diabetes	Glucose, glycosylated haemoglobin

### **Light microscopy**

- Focal : affecting some but not all glomeruli
- Diffuse : affecting >50% of glomeruli
- Segmental : affecting a portion of a glomerulus
- Global : affecting all of the glomerulus
- Necrotising : severe injury leading to an area of necrosis, usually associated with vasculitis

• Crescentic : a crescent-shaped area of inflammatory cells responding to severe glomerular injury

### **Electron microscopy**

 Subendothelial immune deposits : found between the endothelial cell and the GBM – often found in nephritic presentations

 Intramembranous immune deposits: found within the GBM – found in the dense deposit variant of mesangiocapillary glomerulonephritis

 Subepithelial immune deposits: found between the epithelial cell and the GBM –often found in nephrotic presentations, including membranous presentation of lupus

### Presentation of diseases

#### **★** Diseases typically presenting with nephrotic syndrome

- Minimal change nephropathy
- Focal segmental glomerulosclerosis
- Membranous nephropathy
- Diseases typically presenting with mild nephritic Syndrome
  - IgA nephropathy
  - Henoch–Schönlein purpura
  - Mesangiocapillary glomerulonephritis
  - Diseases typically presenting with rapidly progressive glomerulonephritis
    - Anti-glomerular basement membrane disease
    - Infection-related glomerulonephritis

#### **POOR PROGNOSTIC INDICATORS IN GLOMERULAR DISEASE**

- Male sex
- Hypertension
- Persistent and severe proteinuria
- Elevated creatinine at time of presentation
- Rapid rate of decline in renal function
- Tubulo-interstitial fibrosis observed on renal biopsy

## Glomerulonephritis

# Paediatric Nephrology

Dr. Mohammad Majharul Islam

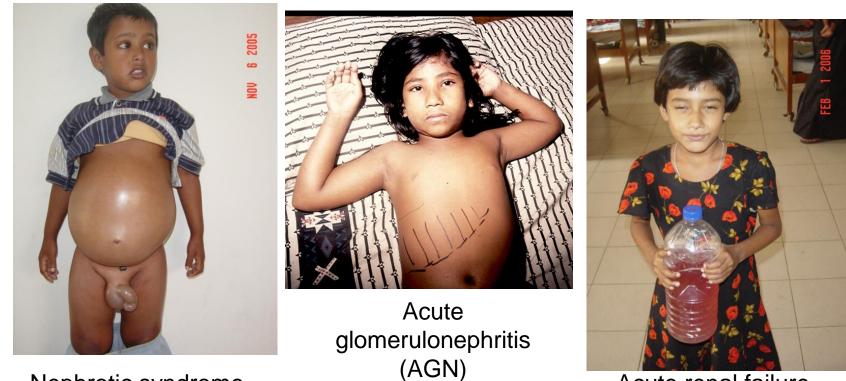
Assistant Professor Patuakhali Medical College, Patuakhali

# Acute glomerulonephritis (AGN)

#### Dr. Mohammad Majharul Islam

Assistant Professor Patuakhali Medical College, Patuakhali

#### Scanty urine and swollen body



Acute renal failure (ARF)

Nephrotic syndrome (NS)

## **AGN: Definition**

 AGN is a renal disorder characterized by hematuria, oliguria, hypertension and volume overload following inflammation and proliferation of the glomerular capillary tuft.

## **AGN: Fatema 7 yrs**



Swollen body with scanty high colored urine

# **AGN: Epidemiology**

- AGN is the second most common renal disorder next to NS
- Acute post streptococcal gnomerulonephritis (APSGN) is the most common AGN affecting children between 5-15 yrs with the peak of 7-8 yrs in the developing countries

# **AGN: Types**

#### Postinfectious

- •Streptococcal, staphylococcal, Salmonella typhi, Treponema pallidium
- Plasmodium malariae
- •Hepatitis B and C, CMV, parvovirus, Epstein Barr Virus
- Associated with shunt infection, bacterial endocarditis

#### Systemic vasculitis

- •Henoch-Schonlein purpura (HSP)
- •Systemic lupus erythematosus (SLE)

#### Others

- Membranoproliferative GN
- IgA nephropathy
- Hereditary nephropathy
- Acute interstitial nephritis

# Pathophysiology

- APSGN is basically an immune complex-mediated glomerulonephritis.
- APSGN occurs following pharyngitis, impetigo or rarely otitis media caused by group A β-hemolytic nephritogenic streptococci.
- Glomerular injury results from deposition of immune complexes in the glomerular capillaries.
- Nephritogenic antigens derived from streptococci may bind directly to subepithelial glomerular sites.
- Antibodies formed against these antigens combine and result in an inflammatory response, leading to activation of complement, infiltration of neutrophils, proliferation of glomerular cells and expansion of mesangial matrix.

# Pathophysiology cont'd

- Immunofluorescence examination shows granular deposits of IgG and C3 along the capillary walls and in the mesangium.
- Electron microscopy shows electron-dense subepithelial deposits or 'humps'.
- Resulting consequences are hematuria, hypertension, oliguria along with diminished GFR, salt and fluid retention and circulatory congestion.
- If filtration of solute is very much reduced, azotemia, acidemia, hyperkalemia and hyperphosphetemia occur. Anemia occurs due to volume expansion and is of normocytic and normochromic variety

# **AGN: Symptoms**

- Age: 5-15 years
- H/O sore throat/ pyoderma (2-4 weeks earlier)
- Scantly high colored urine
- Puffiness of face
- Suppression of urine
- Swelling of body: abdomen/ legs/ whole body
- Headache/ blurring of vision/ convulsion/ impaired consciousness
- Anorexia/ vomiting/ abdominal pain/ loose motion
- Respiratory distress/ cough/ hiccough
- Fever/ weakness
- Antecedent infection: scabies, infected scabies/ sore throat (in 7-21 days prior to kidney problem

#### **AGN with swollen body**



-3 years old child-Puffy face-Leg edema (turgid)

# **AGN with high colored urine**



Coca cola urine



red urine

#### **AGN with heart failure**



6 yrs old female : puffy face, respiratory Distress, engorged neck vein, hepatomegaly and ascitis

#### **AGN with encephalopathy**



Faruk 12 yrs: High BP, impaired consciousness

Faruk 12 yrs: AGN with multiple healed skin lesions

# **AGN : Signs**

Appearance: Puffy face or eyelid swelling Vital signs (HR/RR/BP/Temp.): Tachycardia/ tachypnoea/ ↑BP Anthropometry (wt / ht - lh / OFC) : Age appropriate

General features

-Edema

-Skin infection: impetigo/ scabies/ scratch marks/ healed skin lesions

*Systemic features* -Ascitis

-Heart failure/ gallop

-Enlarged tender liver

-Basal crepitation in lungs

-Hypertensive encephalopathy-impairment of consciousness

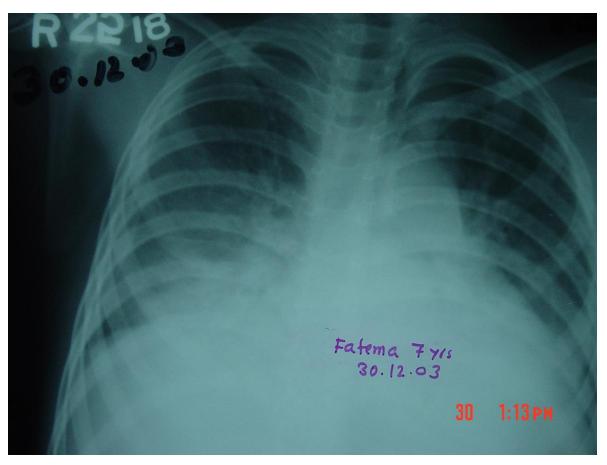
# **AGN: Investigations**

Urine

- -RE: smoky or coca cola color / albumin present 1+ / planty of RBC and RBC cast / a few pus cell
- -24-hrs urine for proteinuria/ urine for protein creatinine ratio: normal *Blood*
- -CBC, PBF: non-specific
- -urea/ creatinine: may be raised
- -STP/ albumin: normal
- -Serum electrolytes: hyperkalemia
- -ASO titre: may be raised
- -Complement C3: may be reduced

X-ray chest: may have cardiomegaly/ pulmonary edema ECG: peaked T wave, prolongation of PR interval, widen QRS complex (hyperkalemia)

## **CXR of Fatema having AGN**



CXR: Enlarged heart shadow with pulmonary edema

## **AGN: Treatment**

General Complete bed rest Restriction of fluid 400 ml/m2 plus previous day's output Diet: salt restricted/ potassium and potassium containing food and fruits to be restricted -In severe cases ICU care may be needed -Hospitalisation in moderate to severe hypertension --Maintain chart for : GCS/ HR/ RR/ BP/ Wt/ Intake-output chart/liver span

#### AGN: Treatment cont'd

Symptomatic	-Antihypertensives in case of hypertension (Frusemide, nifedipine) -Anticonvulsant for convulsion
Specific	Oral penicillin 250 per day 4 divided doses for 10 days
Complications	Heart failure: bed rest/ diuretics/ digoxin/ oxygen ARF: diuretics/ dialysis Hyperkalemia: IV sodibicarb/ glucose plus insulin/ calcium gluconate/ ion exchange resin/ dialysis Hypertensive encephalopathy: antihypertensive/ diuretics/ management for unconsciousness

# **AGN: Prognosis**

 The long term prognosis of APSGN is excellent. Most of the patients (90%) recover. Recovery is complete even after serious condition

#### Fatema after improvement

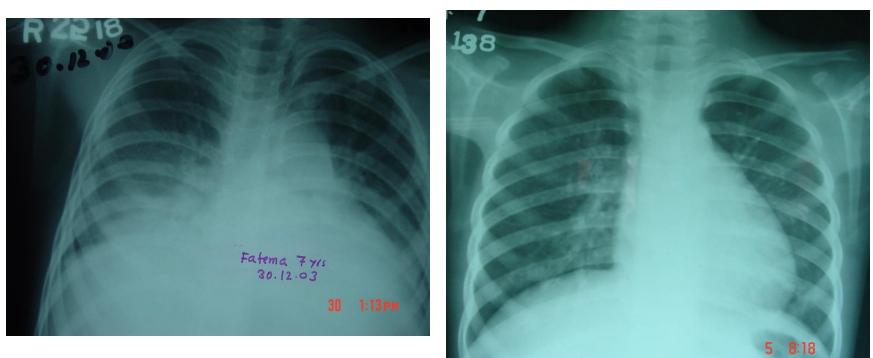


7 years old child with AGN



After improvement

#### **Pulmonary edema**



CXR: Pulmonary edema

CXR: Pulmonary edema improved

#### **AGN who died**



-7 yrs old female with AGN-Hypertensive encephalopathy-Died soon after admission

# **Differential diagnosis**

#### **Nephrotic syndrome**



- -4 yrs old male
- -Scanty urine
- -Swelling of whole body
- (anasarca)
- -Massive proteinuria
- -Hypoalbuminaemia
- -Hypercholesterolemia

#### **Acute Renal Failure**



- -7 yrs old female
- -Scanty high colored urine
- -Swelling of the body
- -Hematuria/ albuminuria
- -Urea 200 mg/dl
- -Creatinine 3.0 mg/dl

#### **NS DD: Kwashiorkor**



-One year old child

- -Father rickshaw puller
- -Edema
- -Sparse hair
- -Xerophthalmia
- -Dermatosis

#### **NS DD: Cirrhosis of liver**



- -10 yrs old female child
- -H/O jaundice
- -Ascitis/ edema
- -Hepatosplenomegaly
- -Hypoalbuminaemia
- -HBsAg +ve

## **Henoch-Schonlein Purpura**



- -10 yrs old female -Purpuric rash on the extensor surface of Limbs -Abdominal pain
- -Joint pain
- -Hematuria

# **AGN: SAQ**

- Q1. Write down three important causes of scanty urine along with swelling of the body (NS/AGN/ARF)
- Q2. A 7 year-old male child presented with scanty urine and puffy face. What is the most likely diagnosis? (AGN)
- Q3. Why there occurs edema in AGN? (reduced GFR due to glomerular injury because of immune complex deposition)

# AGN: SAQ cont'd

- Q4. Name three important clinical features of AGN (scanty high colored urine/ swelling of the body/ high BP)
- Q5. Name three important urinary features of AGN (scanty urine/ hematuria/ urinary cast)
- Q6. Name three investigations to diagnose AGN (Urine : hematuria, RBC cast in urine / CXR: enlarged heart shadow/ blood: azotemia, hyperkalemia)
- Q7. Name three complications of AGN (Heart failure/ ARF/ hypertensive encephalopathy)

# **AGN: SAQ**

- Q8. What is the specific treatment of NS (Penicillin either IV, IM or oral)
- Q9. How will you counsel parents of a child having NS (Problem in the kidney, the blood purifying and urine producing organ, the filtration function of which is at fault resulting in loss of red cells in urine, water logging and salt retention in the intravascular compartment. As a consequence, hypertension, heart failure, renal failure may occur and function of brain may be impaired)
- Q10. What is the prognosis of AGN? (*Prognosis is excellent in children with complete recovery in most (90%) of the cases.*

#### **Integrated Teaching on Glomerulonephritis**

Q. 1) Master Alam a 7 years old boy came with H/O swelling of whole body starting from face and high colored scanty micturition for 5 days. What is your provisional diagnosis? How will you confirm your diagnosis?

Q. 2) Master Motin an 8 years old boy with swelling of whole body starting from face and high colored scanty micturition for 4 days. He has H/O skin lesion for 15 days. His classmates were suffering from same type of skin disease? What is your clinical diagnosis? What is the pathogenesis of underlying condition?

Q. 3) Master Sujit an 8 years old boy came with H/O swelling of whole body starting from face and high colored scanty micturition for 5 days. What is the clinical diagnosis? Describe the clinical features of the disease?

Q.4) Tania a 6 years old girl came with H/O severe headache with respiratory distress. She was suffering from scanty micturition for 7 days and swelling of whole body starting from face what is your clinical diagnosis? How will you manage the patient?

Q.5) Samira a 5 years old girl came with high colored scanty micturition for 4 days with H/O swelling of whole body starting from face. She is suffering from skin disease for 3 weeks. What is your provisional diagnosis? How will you differentiate the disease the nephritic syndrome?

# Thomks